

Implementing Trauma-Informed Care Principles with Compassion

Hosted by the Institute for Trauma-Informed Care



Join Us!

DATE: January 17, 2024

TIME: 2 - 3 p.m. CST

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ABOUT THIS EVENT

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This event is hosted in collaboration with DreamWeek San Antonio. #THECOMPASSIONDRIVE

CONTACT US!

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Meet the Trainers



Rosemary Williams

Rosemary Williams is the operations manager at University Health's Institute for Trauma-Informed Care and is a dedicated professional with 18 years of experience, now specializing in trauma-informed care. She plays a pivotal role in helping transform San Antonio and Bexar County into a trauma-informed community. Rosemary provides training and technical assistance for local organizations seeking certification in trauma-informed care, fostering awareness through engagement at community outreach events. Beyond her professional endeavors, Rosemary is a passionate advocate for youth engagement, offering peer support with essential life skills. A native San Antonian and active community member, Rosemary balances her commitment to advocacy with family, church and volunteerism.



Jessica Huerta

Jessica Huerta is the senior educator at University Health's Institute for Trauma-Informed Care. Jessica conducts training on trauma awareness, adverse childhood experiences and trauma-informed care. Jessica leverages more than 20 years of experience in the nonprofit sector, which includes working with individuals and families in crisis by helping them find hope and opportunities in challenging times. Her passion is bringing awareness to trauma-informed care and calling attention to the many challenges families encounter as they navigate various systems. Jessica holds a bachelor's degree in education from Texas A&M San Antonio and is dedicated to making a positive impact in her community.